

# SOUP & CHILI

Hot and hearty.

**TOP IT!**

Add cheese and sour cream.

**1.00**

**FAVORITE! TURKEY CHILI**

Ground turkey, onions, garlic, tomatoes, green chilies, beans, and spices. Topped with crispy tortilla strips.

**CHICKEN TORTILLA SOUP**

Rich tomato and cheese broth with chunks of chicken and spices. Topped with crispy tortilla strips.

Cup	Bowl	Quart
3.19	4.69	8.29

## KID STUFF

Meal value includes drink, dessert, chips and queso.

**KIDS-ADILLA 4.99**

Grilled flour tortilla with melted cheese. Add chicken or beef for .50 extra.

**CHEESEBURGER TACO 4.99**

Taco beef and cheese in a soft flour tortilla or crispy taco shell.

**MINI BURRITO 4.99**

Grilled chicken, rice, and cheese in a warm flour tortilla.

**"MAKE YOUR OWN" 4.99**

Grilled chicken strips or taco beef with cheese.

## BEVERAGES

FOUNTAIN BEVERAGES <small>SMALL</small>	1.69	BOTTLED WATER	1.69
<small>LARGE</small>	2.09	BOTTLED BEVERAGES	2.25

## CHIPS & SIDES

	SMALL	LARGE		
CHIPS	.89	1.49	MEXICAN RICE	1.49
CHIPS & SALSA	1.69	3.19	BLACK BEANS	1.49
CHIPS & QUESO	2.09	4.39	RICE & BEANS	1.49
CHIPS & GUAC	2.39	5.39		

## DID YOU KNOW AT CAL TORT:

- Our Wall of Flame contains over 75 hot sauces.
- Our all white meat chicken breast is fresh—never frozen.
- Our steak is USDA Choice Sirloin.
- Our salsa is made several times a day with 100% Roma tomatoes.
- Our guac is handmade from whole, ripe avocados.

# NUTRITIONAL FACTS

### TACO SINGLES

	Calories kcal	Protein g	Carbs g	Fat g	Cal from Fat g	Sat. Fat g	Sodium mg	Fiber mg	Sugar g
Chicken	226	21	17	8	76	4	594	1	1
Blackened Chicken	288	23	18	14	126	6	873	2	1
Beef	266	13	19	17	150	7	693	3	2
Steak	230	21	17	9	80	4	435	1	1
Carnitas	213	17	16	9	84	5	720	1	1
Fish	245	18	21	10	92	3	599	3	2
Veggies & Beans	223	9	26	10	93	4	632	4	1

### FAJITA PLATTERS

Chicken	763	50	83	26	236	5	2131	13	2
Blackened Chicken	824	50	87	32	286	9	2763	14	2
Steak	708	45	84	22	195	5	1887	13	3
Combo	736	47	84	24	215	5	2009	13	2
Veggies	618	18	93	21	191	3	2087	14	3

### CLASSIC BURRITOS (Small)

Chicken	667	36	66	22	199	11	1665	10	2
Blackened Chicken	729	38	68	28	249	13	1944	10	1
Beef	707	28	69	30	273	14	1764	12	2
Steak	671	35	66	23	204	11	1506	10	1
Carnitas	653	32	66	23	207	12	1791	10	1
Veggies	641	22	72	24	215	11	1648	11	2

### CLASSIC BURRITOS (Regular)

Chicken	808	48	86	30	272	15	2019	11	5
Blackened Chicken	910	52	88	39	353	19	2472	12	4
Beef	874	36	90	44	393	20	2180	14	6
Steak	816	48	86	31	280	16	1760	11	5
Carnitas	787	42	85	32	286	17	2223	11	4
Veggies	767	26	94	33	299	15	1991	12	6

### CLASSIC BURRITOS (Bowl)

Chicken	532	41	38	24	214	14	1612	8	3
Blackened Chicken	634	44	41	33	299	18	2065	9	2
Beef	598	29	42	38	338	19	1773	11	4
Steak	540	40	39	25	225	14	1353	8	3
Pork Carnitas	511	35	38	26	231	15	1816	8	2.15
Veggies	491	19	47	27	244	13	1584	9	4

### SIGNATURE BURRITOS (Small)

Caesar	760	37	69	39	349	12	2337	11	0
Honey Lime	510	23	61	19	172	3	1680	5	6
Fajita Burrito	581	24	58	21	189	6	1680	6	2
BBQ Ranch	639	29	76	24	215	5	1956	11	2
Carnitas Verde	600	31	62	26	234	13	2156	5	1
Havana Chicken	454	29	68	8	70	2	1648	11	2
No-Meat Burrito	474	15	79	17	154	2	1886	14	2
Buffalo Wing Chicken	513	28	65	15	138	3	2171	10	0
California Screamin'	621	38	56	25	229	11	2109	5	3

### SIGNATURE BURRITOS (Regular)

Caesar	1091	51	90	61	553	16	3258	12	2
Honey Lime	779	35	85	33	298	6	2116	6	14
Fajita Burrito	779	37	84	30	268	11	2031	8	5
BBQ Ranch	924	42	99	39	355	8	2604	13	4
Carnitas Verde	881	43	90	40	362	20	2799	7	4
Havana Chicken	610	41	89	10	92	2	2137	13	6
No-Meat Burrito	694	19	104	25	224	4	2389	17	5
Buffalo Wing Chicken	728	40	84	25	228	5	3184	11	3
California Screamin'	854	52	77	35	312	16	2701	6	6

### SIGNATURE BURRITOS (Bowl)

Caesar	815	44	43	55	498	14	2851	9	0
Honey Lime	503	28	38	27	243	4	1709	3	12
Fajita	503	30	37	24	213	310	1624	5	3
BBQ Ranch	648	35	52	33	300	7	2197	10	2
Pork Carnitas Verde	605	36	42	34	307	18	2392	4	2
Havana Chicken	334	33	42	4	38	1	1730	10	4
No-Meat	418	12	57	19	169	2	1982	15	3
Buffalo Wing Chicken	452	33	37	19	173	3	2777	8	1
California Screamin'	578	44	30	29	258	15	2294	3	4

### NACHOS

Plain	764	22	59	50	453	26	1788	8	1
Chicken	884	44	60	53	476	27	2150	9	1
Beef	944	33	63	65	588	32	2298	11	3
Steak	890	43	60	54	483	27	1911	9	2
Carnitas	872	39	59	55	492	28	2384	8	1
Turkey Chili	1004	44	73	62	554	29	2558	13	4
Veggies	852	23	68	56	505	27	2152	10	2

### DESSERTS

Brownie	510	7	69	27	243	5	240	0	50
Chocolate Chip Cookie	380	4	50	18	162	8	290	2	30
Oatmeal Cookie	340	6	51	13	117	5	260	2	28

The current limits of 65g saturated fat (including trans fat) and 2,400 mg sodium as recommended by the Food and Drug Administration for a 2,000-calorie-per-day diet. A 2,000-calorie daily diet is used for the basis of general nutrition advice; individual calorie needs, however, may vary.

### QUESADILLAS

	Calories kcal	Protein g	Carbs g	Fat g	Cal from Fat g	Sat. Fat g	mg	mg	Sugar g
Cheese	594	28	48	32	287	18	863	3	2
Chicken	723	52	49	35	312	18	1255	3	2
Blackened Chicken	825	55	51	44	393	23	1708	4	2
BBQ Chicken	779	53	55	36	325	19	1895	4	9
Steak	731	51	49	36	320	19	996	3	3
Carnitas	702	46	48	36	326	20	1459	3	2
Veggies & Beans	727	33	66	38	340	18	1336	7	3
Spinach	604	29	50	32	287	18	903	4	2
Special-Dilla	910	60	70	44	395	23	1977	12	2

### SALADS

<b>Southwestern Salad</b>									
Plain	427	18	34	30	270	12	840	10	2
Chicken	650	51	35	36	324	13	1248	10	2
Blackened Chicken	711	52	38	42	374	18	1880	11	2
Beef	667	32	40	47	423	19	1520	14	4
Steak	595	47	36	31	283	13	1264	10	3
Carnitas	560	40	34	32	291	15	1573	10	2
Black Beans	518	24	51	27	246	12	1057	16	2
<b>Taco Salad</b>									
Plain	842	26	55	59	527	24	921	10	2
Chicken	1065	59	55	68	609	25	1329	10	2
Blackened Chicken	1126	60	59	73	659	30	1961	11	2
Beef	1082	40	61	79	707	31	1601	14	4
Steak	1010	55	57	63	568	25	1345	10	3
Carnitas	975	48	55	64	575	27	1654	10	2
Black Beans	933	32	72	59	531	24	1138	16	2

### Salad Dressings (1 oz.)

Honey Lime	128	0	6	12	106	2	97	0	6
Lite Olive Oil Vinaigrette	60	0	3	6	54	1	230	0	2
Buttermilk Ranch	185	1	3	19	169	3	373	1	0
Caesar	180	1	0	20	180	3	350	0	0
Sunset	32	0	2	3	24	0	159	1	1
Salsa	7	0	1	0	1	0	106	0	0

### BOWLS

Mixed Grill Bowl	510	53	45	9	84	2	2408	9	8
Sunset Chicken & Veggie Bowl	501	39	51	17	150	2	2281	10	4
Enchilada Bowl	806	52	45	48	431	23	2334	8	3

# SIGNATURE BURRITOS

Flour tortillas filled with a unique combination of fresh ingredients and flavorful sauces.

SMALL REGULAR/  
BOWL

## FAVORITE! BLACKENED CHICKEN CAESAR

Blackened chicken, rice, black beans, Jack cheese, Caesar dressing, romaine lettuce, and salsa.

5.89 6.69

## HONEY LIME

Mesquite chicken, rice, Honey Lime sauce, romaine lettuce, and salsa.

5.69 6.49

## FAJITA BURRITO NEW!

Choice of mesquite chicken or grilled steak (.60 extra), rice, peppers, onions, sour cream, guac, and salsa.

6.09 6.89

## CRUNCHY BBQ RANCH

Mesquite chicken, rice, black beans, barbecue sauce, Ranch dressing, tortilla strips, romaine lettuce, and salsa.

5.89 6.69

## CARNITAS VERDE NEW!

Pork carnitas, rice, Jack cheese, sour cream, Tomatillo Enchilada sauce, crispy tortilla strips, and salsa.

6.19 6.99

## HAVANA CHICKEN NEW!

Mesquite chicken, rice, black beans, Spicy Havana sauce, romaine lettuce, and salsa.

5.69 6.49

## NO-MEATO BURRITO NEW! (Vegan Friendly)

Sautéed veggies, rice, black beans, guac, Spicy Sunset sauce, leaf spinach, and salsa.

6.09 6.89

## BUFFALO CHICKEN WING

Mesquite chicken, rice, black beans, Spicy Wing sauce, Ranch dressing, lettuce, and salsa.

5.89 6.49

## FAVORITE! CALIFORNIA SCREAMIN' NEW!

Blackened chicken, rice, queso, peppers, onions, California Screamin' sauce, and salsa.

6.19 6.99

# CLASSIC BURRITOS

Warm flour tortillas, rice, black beans, Jack cheese, sour cream, lettuce, and salsa.

SMALL 5.69 REGULAR 6.49 BOWL 6.49

FILLED WITH:

MESQUITE CHICKEN

BLACKENED CHICKEN +.20

TACO BEEF

GRILLED STEAK +.60

PORK CARNITAS +.40

VEGGIES

# QUESADILLAS

Large grilled flour tortillas with melted Jack cheese. Served with sour cream and salsa.

CHEESE

4.69

MESQUITE CHICKEN

6.49

BLACKENED CHICKEN

6.69

BBQ CHICKEN

6.79

GRILLED STEAK

7.09

PORK CARNITAS

6.89

VEGGIES & BEANS 6.49

SPINACH 5.29



## FAVORITE! THE SPECIAL-DILLA

Jack cheese with blackened chicken, black beans, and spinach.

7.19

JUST SAY  
"LIGHT".

Just ask for light cheese.

.50 EXTRA

Okay, for Quesadillas  
it's 1.00 extra, but it's  
a lot of cheese.

VEG ME!

Substitute veggie  
medley for meat on  
any burrito.

# BIG FRESH SALADS

Crisp, fresh greens, complemented with tasty add-ons and your selection of a savory topping.

## SOUTHWESTERN SALAD

Crisp greens, tomatoes, Jack cheese, corn, guac, cilantro, and tortilla strips.

OR

## TACO SALAD

Crisp tortilla bowl with romaine lettuce, Jack cheese, green onions, sour cream, guac, and salsa.

WITH YOUR CHOICE OF:

GRILLED CHICKEN 7.59

BLACKENED CHICKEN 7.79

TACO BEEF 7.59

GRILLED STEAK 8.19

PORK CARNITAS 7.99

BLACK BEANS 6.59

PLAIN 6.09

DRESSINGS (SERVED ON THE SIDE):

• Signature Honey Lime

• Creamy Caesar

• Spicy Sunset Sauce

• Buttermilk Ranch

• Lite Olive Oil Vinaigrette

• Fresh Salsa



# BURRITO BOWLS

Tortilla-less meals served in a bowl.

## MIXED GRILL BOWL

Mesquite chicken and grilled steak served over rice and black beans with peppers, onions, scallions, barbecue sauce, and salsa.

7.49

## FAVORITE! SUNSET CHICKEN & VEGGIE BOWL

Mesquite chicken and sautéed veggies over rice, black beans with cilantro, Spicy Sunset sauce and salsa.

6.99

## ENCHILADA BOWL

Choice of mesquite chicken, grilled steak (.60 extra) or pork carnitas (.40 extra) served over rice with Jack cheese, sour cream, guac, cilantro, Enchilada sauce, tortilla strips, lettuce, and salsa.

7.29

# TACO COMBOS

Two tacos served with a fountain drink and chips and queso, or beans and rice.

Warm flour tortillas, Jack cheese, lettuce, and salsa. HARD SHELL TACOS AVAILABLE UPON REQUEST.

MESQUITE CHICKEN 7.49

BLACKENED CHICKEN 7.69

TACO BEEF 7.49

GRILLED STEAK 8.09

PORK CARNITAS 7.89

VEGGIES & BEANS 7.49



## FAVORITE! FISH TACO COMBO

Blackened fish, cabbage slaw, lime, cilantro, and chipotle sour cream.

8.09

SINGLE TACOS AVAILABLE:

MESQUITE CHICKEN 2.59

BLACKENED CHICKEN 2.69

TACO BEEF 2.59

GRILLED STEAK 2.89

PORK CARNITAS 2.79

BLACKENED FISH 2.89

VEGGIES & BEANS 2.59

# NACHOS

White corn tortilla chips topped with queso, jalapeño peppers, sour cream, guac, chopped scallions, and salsa.

PLAIN 4.99

MESQUITE CHICKEN 5.99

TACO BEEF 5.99

GRILLED STEAK 6.59

PORK CARNITAS 6.39

TURKEY CHILI 5.99

VEGGIES 5.99

# FAJITA PLATTERS

Three flour tortillas, rice, black beans, peppers, onions, sour cream, guac, and salsa.

GRILLED CHICKEN 7.69

BLACKENED CHICKEN 7.89

GRILLED STEAK 8.29

GRILLED CHICKEN & STEAK 7.99

VEGGIES 7.39

## SMOTHER IT!

Cover your burrito with queso or Enchilada sauce.

1.49

# COMBO IT!

With the purchase of any entrée:

SODA, CHIPS AND...

QUESO 2.39 OR SALSA 2.19

